



Sophie Torosian
Girl Scout Troop 5754

Good Night,
Sleep Tight

4/1/13 - 7/29/13

Hi, my name is Sophie, I am a Girl Scout Cadette, of Troop 5754. I have been in Girl Scouts for 9 years, and have completed my GS Bronze Award. I wanted to earn my GS Silver Award. In order to do that, I had to do a 50-hour service project.



Girl Scouts

I decided to make something special for the children at HALO, Inc.

I talked to Brenda Thomas at HALO, and she said it was a great idea. I chose to make 90 pillowcases. But before I could make even 1, I needed funds.

I decided to apply for a YAR Grant. I had done two other projects with YAR, so I was familiar with the grant process.

Dear Sophia,

Congratulations! Sophia Torosian, Girl Scout Troop 5754's project, "Good Night, Sleep Tight," has been awarded a Youth As Resources (YAR) grant. A check in the amount of \$910.00 has been sent to Tracy Wayson at Girl Scouts of Wisconsin Southeast.

I was awarded a grant worth \$910.00.

The YAR board is excited about the positive impact your project will have on the community. We would like to highlight your project on our website (www.unitedwayracine.org) and include a photo of you in action. As you complete your project, please submit 2-3 photos that we could use on the website and with press releases. These photos could also be included in your reflection book. The photos should show individuals actively working on your project. Each individual should be identified. By submitting photos, you guarantee that you have usage permission from all subjects in the images and grant United Way of Racine County/Youth As Resources permission to use the images in publications and other media.

If you have any questions or problems, please feel free to contact me at any time.

Congratulations and good luck!

Sincerely,

Jessica Safransky Schacht

Jessica Safransky Schacht
Education Specialist

**GIVE. ADVOCATE. VOLUNTEER.
LIVE UNITED.** 

As soon as I got the money, I went to Jo-Ann's Fabric Store and bought enough fabric for 18 pillowcases. I needed $\frac{3}{4}$ yd. for the main section, $\frac{1}{4}$ yd. for the cuff, & 10 in. for a trim.

I ended up getting:

- 7.5 yards of two different prints,
- 5 yards of a cuff,
- $\frac{3}{4}$ 1 yard of a trim.



The fabric was washed all together, which soon became a big problem. It twisted up in the dryer and we had to iron it twice to get out the wrinkles.

CUTTING

In order to cut many pieces at once, I had to use a rotary cutter. It looks like this. ➡ ➡ ➡ ➡

The rotary cutter is similar to a pizza cutter. It glides across the fabric instead of chops. I also used a quide, which lines up straightly on the fabric if you line up the squares on the pad.





For me, this was an obstacle for me. I was uncomfortable using the rotary cutter at first. But after a while, I got used to it. And now, I even prefer to use it.

HOW TO MAKE A PILLOWCASE!

1

Cut fabric down to size.
3/4 yd. - print 1/4 yd. - cuff 5 in. - trim

Layer fabric as follows:

2

trim is
folded in half
and put on
the edge of
cuff

cuff is
put flat

Print is put
right side down
on the edge of
cuff.

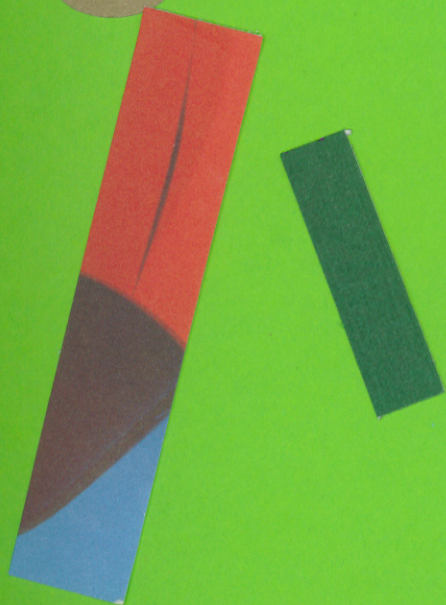
3

Roll print up, and fold cuff up
to edge, forming a 'burrito'. Pin & sew.



4

unroll the 'burrito' so that the seam rolls into the inside. cut excess fabric.



(It should look like this.)

Fold your pillowcases right sides together and seam edges together.

5

6

Unfold and crease edges.

Congratulations!
You've made your
very first burrito
style pillowcase.

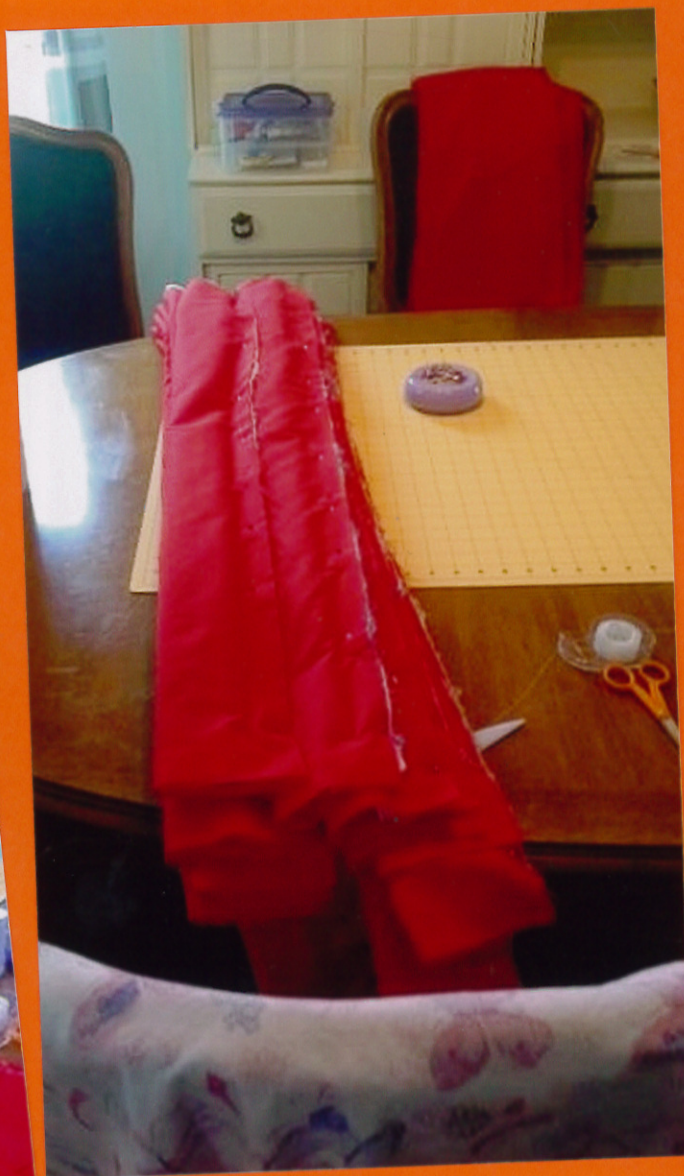
NOW MAKE 89 more.



BURRITOS!



I decided to make many pillowcase burritos at once, so I could sew them all up at the same time. I made stacks of them, like these two. It was my own personal fiesta!



I had to master lining fabric up. I had trouble at first but after learning a few tricks, I now know everything.

Pillowcases!

I love the ladybug pillowcase. It can be for any child who wants it because it is so universally loved. Even though it curled, it was fun to sew.



The peacock fabric was on sale when I got it, but I chose it because it would be good for a girl my age. When I finished the first one, I wanted to go back and get fabric for myself. I especially loved the turquoise cuff with the pink print.



The forest creatures pillowcase was one of my favorites. I found it very close to home since I live in Wisconsin. The orange of the fox wasn't my first choice for a cuff, but it worked out.



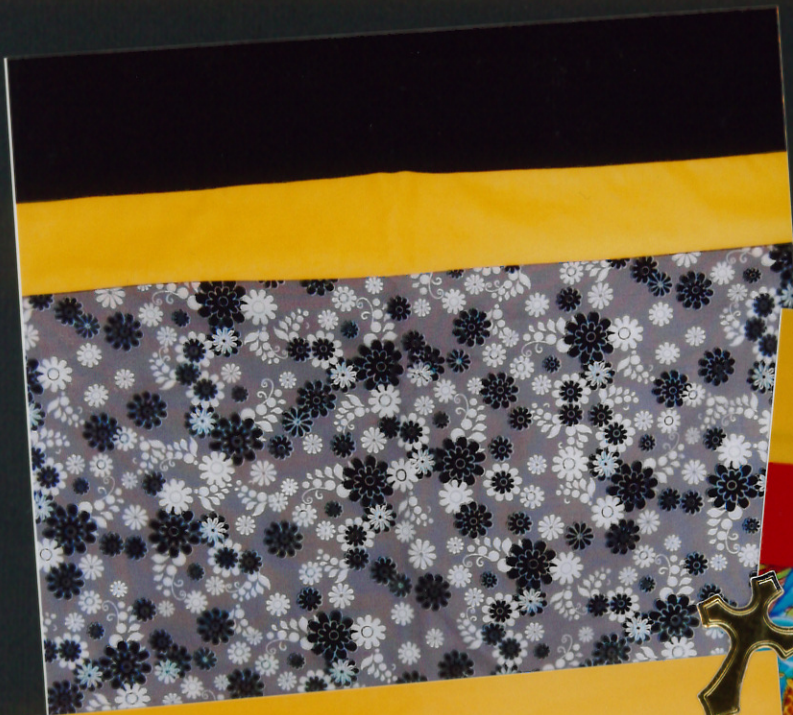
The monkeys are
some of the last
ones I made. I
wasn't sure about
red and orange
together, but it
turned out well.
I put it on the
cover because I
thought it was ^{very} bright!



The apples were
chosen at the last
second, but it was
a good choice. It's
one of my favorites,
because I love the
colors so much.
This was a challenging
one, though, because
the fabric would
curl up often.



Saint Catherine's



I chose fabrics that related to the school. I did school colors, Mary & Noah's Ark for the religion, and school fabric for the academics.

I chose fabrics that related to the school. I did school colors, Mary $\frac{1}{2}$ Noah's Ark for the religion, and school fabric for the academics.

My favorite one is Noah's Ark. I chose really nice fabric. It was soft, too. I think it will be perfect for a young child.



The birds I made are some of my favorites, because they were the first ones I ever made. They gave me the push to buy more, because they inspired me.



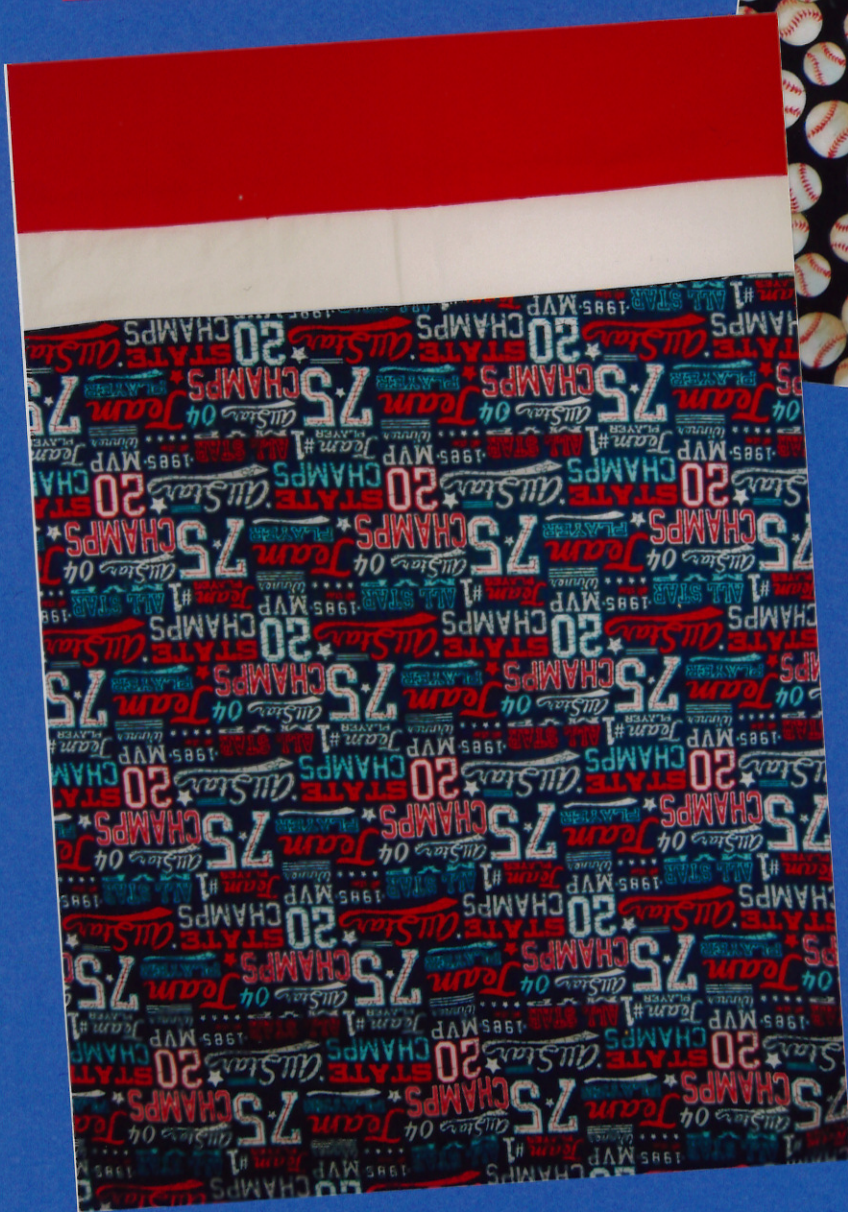
My very first ones - I was so excited when I realized I was 1/30 done.



All three of these pillowcases
were for girls my age. I
had a friend with and we
both agreed we liked the
prints. I'm happy I made
them.



The 'team' one I made was my favorite boy oriented pillowcase. It reminded me of base ball and the old signs at the parks. I found it nostalgic, but it is still for a young kid too.



The baseballs are a favorite of mine. I think they are very realistic with the 3-dimensional design. I enjoyed making them.

At first I was skeptical about the footballs - I even passed it up at first - but now I'm glad I did them. The soft material is great, and I've been told it will be great for boys.

As soon as I saw the tugboats, they were mine. I loved the tomato red with the navy blue, and wanted to recreate it on the cuff & trim, but decided not to. I wish I had stayed with my gut, though.



Bringing
pillowcases
to

HALO



A sample
of the
catalog.

After I had finished all 90 pillowcases, I was ready to bring them over. I put them in plastic bags and created a catalog for the recipients to choose from. When I went to my community contact, Brenda Thomas, She was thrilled to have them.



Brenda Thomas
& I discussing
the pillowcases.

Pillowcases

Please take a free pillowcase when you leave HALO.
They are handmade by a Girl Scout Cadette for her Silver Award.
Contact Brenda before you leave.



Thank you so much
YAR! Without your
contribution, I would
not have been able
to do my project.

Thank you so much
Brenda, for giving me
much needed advice.

Thank you to
everyone who supported
me throughout my
project.
Thank you everybody!



My community contact, Brenda Thomas, sent me a quote she got from one of the beneficiaries of my project. She said:

One of our transitional housing clients, a lady named (name withheld) came to my office to chose her pillowcase. She chose the turquoise, yellow and pink print. She said: 'Thank you very much for this beautiful pillowcase. Each night I will lay my head down and remember that someone thought enough of me and my situation to create such a beautiful thing. My rest will be more peaceful because of this pillowcase.'